

PD – Fine Motor Progression Map

	Can move fingers in isolation
	Make marks using sticks and other natural objects
	Trace marks on a surface
	Make marks with their fingers
Nursery Pacer Autumn 1	Use one handed tools and equipment
	Use both hands together
	Can use thumb as a stability point
	Use a fork to 'stab' objects
	Tear paper
	Develop whole palm strength – e.g. squeezing water from a sponge
Nursery Pacer Autumn 2	Use one hand as a stabiliser and one hand as a manipulating hand
	Rotating objects using fingertips
	Build a tower with up to 10 blocks
	Draw a single line from left to right
	Can copy straight vertical and horizontal lines
	Can draw a circle
	Places scissors in a thumbs up position
	Pinch with thumb and first or second finger to open an object (pegs etc)
	Pinch with thumb and first or second finger to grasp an object (tweezers)
Nursery Pacer Spring 1	Pinch with thumb and first or second finger with appropriate pressure
	Open and close scissors with one hand
	Thread beads on a string
	Press poppers closed
	Use thumb and first/second finger to pull objects (e.g. extracting from playdough)
Nursery Pacer Spring 2	Can imitate / copy a + shape
	Roll dough into a ball
	Roll dough into a sausage shape
	Holds mark making tools with thumb and all fingers
	Making medium sized marks
	Develop a spherical grasp (e.g. open lid of jar)
	Do up zip when joined at bottom first
Nursery Pacer Summer 1	Show a preference for a dominant hand
	Use a knife to cut (e.g. playdough)
	Can thread study laces into a large hole
	Join up bottom of a zip and pull all the way up
	Can make one snip at a time
	Can draw a square
	Do and undo buttons
	Can draw a triangle
	Make snips in paper

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	Begins to hold scissors correctly in one hand
	Usually hold scissors correctly
	Can snip forward along a line (not continuous motions forward)
	Cuts up and along in a forward motion
Nursery Pacer Summer 2 a1	Use a comfortable grip with good control when holding pens and pencils
	Holds mark-making tools with thumb and all fingers
Reception Pacer Autumn 1 a1	Show increasing control in holding, using and manipulating a range of tools and objects
	Use a hammer to hit small targets
	Weave in and out of solid object
Reception Pacer Autumn 2	Use scissors to cut along a straight line
	Manipulates a range of tools and equipment in one hand
	Hold a pencil between thumb and fingers
	Thread small objects onto a static point
	Always hold scissors correctly
	Use a knife and fork in conjunction
Reception Pacer Spring 1	Cuts along a curved line
	Handles tools with increasing control and intention
	Can or copy diagonal straight lines
	Can thread flexible string into a small hole
Reception Pacer Spring 2	Can imitate / copy a x shape
	Use one hand consistently for fine motor tasks
	Draw with accuracy and care
	Co-ordinate two hands together to complete fine motor tasks
	Use two hands for different purposes at the same time
Reception Pacer Summer 1	Form letters correctly
	Form numerals accurately
	Can cut out a square and triangle
	Writes consistently on the lines with good letter size
	Can cut 6 inches along a straight line
	Can cut 6 inches along a curved line
	Stays within ½ inch of the line
	Can cut around a template, moving the paper
	Tie shoe laces
	Use a three fingered grasp to control an object
	Use a range of small tools, including scissors, paint brushes and cutlery
Reception Pacer Summer 2	Use a tripod grip most of the time
	Stays within ¼ inch of the line
	Can cut cloth for at least 6 inches using sharp scissors under supervision



PD – Fine Motor Progression Map

	Use one hand consistently and with precision
	Can cut out complex pictures by following the outlines without help
	Thread, lace and do simple embroidery
	Develop the foundations of a fluent handwriting style
	Write fast, accurately and efficiently